



We were joined by [GripAble](#) in this week's Neuro Café! GripAble is a handheld device which can be used for upper limb rehabilitation and assessment at home.

Neil and Sam demonstrated the setup and use of the device. Showing us the various games available and hand/wrist movements that are a focus as well as ways of tracking your progress in strength and repetitions.

There was a chance for LEGS participants to ask questions at the end of the talk.

A recording of the Neuro Café can be found [here](#) with the passcode: mY%Ae6m&.