

LEGS (Local Exercise Groups for stroke and neurological conditions) is a registered charity, in England and Wales, registration number 1177659.

Statement of Purpose

LEGS is a charity which provides rehabilitation and supported exercise groups for people with neurological conditions. We run face to face and online group exercise sessions and discussion groups. Our aims include improving health and mental well-being, increasing physical activity and reducing social isolation. The LEGS programme enables participants to improve their physical function, independence and confidence, while reducing their reliance on carers and family, enabling people to fulfil their social and family roles and to be able to enjoy activities that are individually meaningful.

The website

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Our services

Our services are performed by qualified, registered and insured professionals who work within their defined scope of practice as dictated by their relevant UK governing body. The focus of the service is agreed ahead of time between LEGS and the participant.

Payment

Payment for sessions must be made in advance of the session. This can be in the form of bank transfer or card payment.

Session cancellations

When a participant is allocated a place in a group, the allotted place is held exclusively for this participant for the remainder of that block of sessions. We therefore do not offer refunds for sessions missed due to illness or personal reasons. For periods of long term illness or pre booked holiday we may, at our discretion, waive the charge. This will be considered on a case by case basis.

Data protection

All data will be handled in accordance with the Data Protection Act 1988. Medical records are stored electronically on software specially designed for health and wellbeing professionals, and accessed only by authorised personnel.

Following participant consent, LEGS may disclose relevant information regarding your presenting condition to appropriate health professionals, such as your GP. As a participant, you have the right to access information held about you. To obtain this information, or if you have any concerns about data protection at LEGS please contact info@legs.org.uk. Whilst LEGS makes every effort to ensure its internet infrastructure is secure, email can be unsafe and LEGS can take no responsibility for transmitting data electronically.

Working with participants

LEGS works with participants at its discretion and determines the suitability for those receiving its services and there may be circumstances where it is not appropriate for LEGS to provide its services. Where LEGS' services are not suitable, we endeavour to signpost people to services external to ours. It is at LEGS' discretion to decline or stop treating a participant.

Liability

LEGS accepts no responsibility or liability for any indirect, special or consequential loss or other damages howsoever caused or any liability arising from the services or treatment provided or made available to a user of LEGS' services except in the case of personal injury or death caused solely by negligence of the business, its servants or agents. LEGS will not be liable or be deemed to be in breach of this agreement by reason of any delay in performing or any failure to perform any obligations in relation to services if the delay or failure is due to any act of God.

Referral services

With participant consent, LEGS will share data with relevant referral services and third parties.